



The Ramadhan Guide For The Google and "Like Us" Generation



*Designed, Prepared and Put
Together by:*

Karim Belaid

The Ramadhan Guide

For
The Google and "Like Us" Generation

By:
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Karim Belaid

FOREWARD

According to the *SocialMediaToday* website, teens spend up to nine (9) hours a day on social platforms, while 30% of all time spent online is now allocated to social media interaction. And the majority of that time is on mobile - 60% of social media time spent is facilitated by a mobile device.

The *Social Media Revolution* of the *21st Century* is unprecedented in human history, and will certainly impact the next generations-and the impact will transform the way humans communicate. Traditional communication platforms are threatened if they don't adapt to the new ways communication is shared and consumed.

This Guide came to crystallization over a reflective day that I personally had during the 1st week of *Ramadhan of 1439 Hijri - May 2018 A.D.* I had thoughts involving the *Muslim Youths* who live in the West and, unlike my generation, they face continuously evolving challenges vis-à-vis their traditional values and roots that they have picked up from their parents and surrounding Muslim environments. The Guide, in its 1st edition-though slim and short, aims at presenting some fundamentals of the month of Ramadhan to the "Digitally-Engaged" Muslim Youths in a way that aligns with their mind-sets and preferred style of consuming information. I have included, at the end of the Guide, some "Cool Apps" that have made it to the top in the Muslim world and revolve around the Muslim faith with its eclectic facets to spice up its content for the "*Like Us*" Generation.

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Tijara International, LLC.
www.tijarainternational.com
Serving the "Like Us" Generation

*Dedicated to
the "Like Us" Generation*

Ramadhan 1439 H - 2018 A.D.
Mubarak

رَمَضَانُ
مُبَارَكٌ

كل عام وأنت بخير



The Majestic Qur'an

Karim Belaid

Assalam

Alaikum

Millions of Muslims around the Globe embrace the holy month of Ramadhan every year. It is a tradition that goes back to the time of the inception of the faith itself by the *Prophet Muhammad*-upon him be blessings and peace. The fast tradition, as instituted by the great master of the faith, embeds in its core a sacrosanct practice which stems from deeply rooted virtues that meet universality in terms of acceptance and potential adherence by truth seekers when examined by unbiased minds, regardless of the confessional practice and convictions of the examiner(s).

What has inspired this succinct and slim guide is the rapid and amazing changes that the human race is growing through in the *21st Century* vis-à-vis the way they receive and process information. The metamorphosis phenomenon that we are witnessing *Social Media* induce in the realm of communication exchange in human society is unprecedented. Growing up in the seventies in Algeria/North Africa, the means of communications that were used in that time-*seemingly a remote time when I come to think of it*-are obsolete and not very relevant in our time and suffer lack of ubiquity.

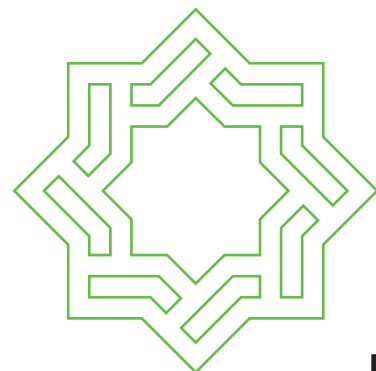


Traditional and confessional practices in our time were taught and implemented through traditional mediums that necessitated a physical presence of a revered teacher who, basically, conveyed the chains of traditions that he/she was a recipient of via the deeply rooted human teaching practices that were established throughout the life span¹ of the Islamic faith.

To convey those traditions to the masses and *the "Like Us" generation* through traditional teaching methods in the age of *Social Media* would be resisting an imposing shift that seems to spread and gain recognition with the speed of light. Therefore adapting traditional methodologies to the new realities of the *21st Century* would be a step in the right direction. Though traditionalists may have a natural incline to the established ways, upgrading their methods seem to be gaining momentum by the traditionalists themselves. This is corroborated by the teaching of the various religious sciences via Skype and *Social Media Platforms*.

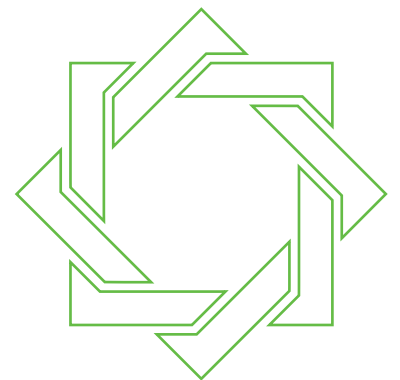
Upgrading to modern teaching methods and facilitating the change by social media tools seems incumbent upon the message carriers of the Islamic faith. This is exactly why social media must be deployed and employed to continue the custom of passing on traditions, rooted virtues, and knowledge acquired in our generation to *the "Like Us" generation* in a way that is aligned with their preferred ways of consuming information and processing it.

1 1452 years.



This miniature guide delves into the Islamic fast/Ramadhan tradition and extract gems that are light in content and inspiring in depth and meaning for the *"Like Us" generation*. This generation seems to be short of time-*all the time*-and is heavily burdened by digitized tasks and digital activities-*all the time*. The guide aims at feeding the youth and the busy professionals with the essence of what it means to embrace the holy month of Ramadhan in the *21st Century*-seamlessly and inconspicuously.

k^{arim} Belaid.





Pearls

of

Ramadhan

Fasting has many purposes relating both to the Lordship of Allah¹ and thanksgiving for His bounties and to man's/woman's individual and collective life as well as to his/her self-training and self-discipline. Needless to say: Nothing that is worthwhile in man's/woman's worldly acquisitions comes without applying devotional focus and discipline to it.

Fasting is a time to take the focus off of sustaining or entertaining oneself with too much digital media-as the *"Like Us" generation would do-perhaps to no avail*. Ramadhan calls for focusing our hearts on strengthening our relationship with our Designer² and direct our resolve for the purposes of serving the noblest mission on Planet Earth assigned to us by the All Wise³.

Fasting prevents the carnal self from rebellious acts and adorns it with good morals and sublime piety. The carnal nature of the human soul rushes upon the acquisition of worldly gains with an aggressive greed and unwavering attachments as if nothing mattered but the acquisition of luxury and comfort for the mere and ephemeral life. In this state of forgetfulness and un-mindfulness the human soul strays away from its Designer.

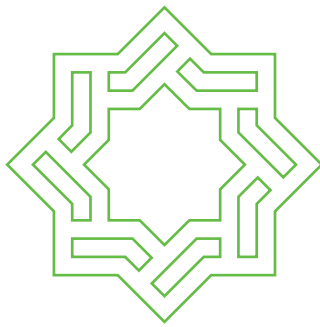
1 God, the Creator, the Omniscient.

2 Allah-God.

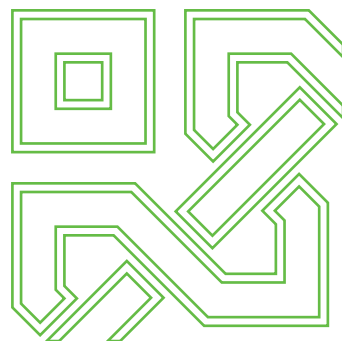
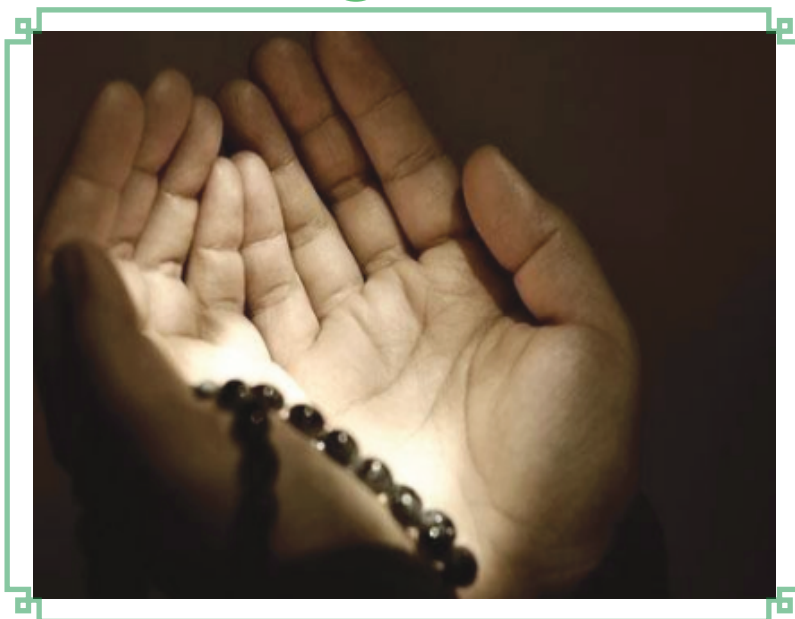
3 Same as above.

Being immersed in the swamp of bad morals and vain activities it thinks about neither the consequences of its monolithic focus nor does it consider a possible day of reckoning for his/her self-centered gains and deeds.

Fasting causes even the most heedless and stubborn to feel their weakness and innate poverty. Hunger becomes an important vehicle for the spiritual seekers and reminds them how fragile their constitutions are. They come to perceive to what extent they need compassion and care and giving up haughtiness feel. All of the above states of mind yield to the compelling and burning desire to take refuge in the Divine mercy, and realize a state of helplessness and destitution. The natural progression to rise, submissively, to knock at the door of the Merciful is attained through the path of least resistance, for reaching that state of conviction pushes the soul organically to its natural destiny with the hand of tacit thanksgiving-provided of course that heedlessness has not yet corrupted the previously unruly and in-docile individual.



الله



Supplications

and everyday

Essentials

Intention for beginning the fast

"وَبِصَوْمِ غَدٍ نَّوَيْتُ مِنْ شَهْرِ رَمَضَانَ."

"Wa bisawmi ghadin nawaytu min shahri ramadhaan."

"With the fasting of tomorrow, I intend to keep the fast of the month of Ramadhan."

Breaking the fast

"اللَّهُمَّ لَكَ صُمْتُ وَ بِكَ آمَنْتُ وَ عَلَيْكَ تَوَكَّلْتُ وَ عَلَى رِزْقِكَ أَفْطَرْتُ."

"Allahumma laka sumtu wa bika aamantu wa alaika tawakkaltu wa'ala rizqika aftartu."

"O Allah! I have fasted for you. I believe in You and I put my trust in You, and I break my fast with Your sustenance."

A supplication gem to remember during the month

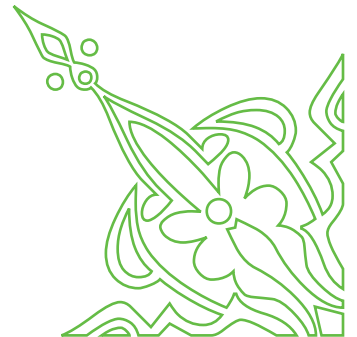
"اللَّهُمَّ إِنَّكَ عَفُوفٌ كَرِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي."

"Allahumma innaka afuwwun kareemun tuhibbul' "afwa fa'fu annee."

"O Allah, You are Generous and Forgiving. You love forgiveness, so forgive me."



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



Ramadhan

the month of The Qur'an

The holy month of Ramadhan was the month in which the *Majestic Qur'an* was revealed to the *Prophet Muhammad*-blessings and peace be upon him. It is one of the most influential books in the history of mankind¹. The Glorious Book has the same historical roots as Judaism and Christianity and consists of 114 chapters, each known as "Surah". It initially didn't exist in a written form (the word Qur'an is derived from Arabic for "to recite") and was compiled in one book after *Prophet Muhammad's* death in 632.

So, take this amazing opportunity-*the opportunity of the month of Ramadhan*, to acquaint yourself with its content, poetic harmony, wisdom and powerful grasp on tender hearts.

If you want to experience angelic states, pick up a Qur'an translation by the renowned British journalist and convert to Islam, Marmaduke Pickthall², or visit the following website (*see footnote*)³.

1 <http://historylists.org/other/10-most-influential-sacred-texts-in-history.html>

2 The Holy Qur'an: Transliteration in Roman Script and English Translation with Arabic Text

The Holy Qur'an: Transliteration in Roman Script and English Translation with Arabic Text. <https://www.amazon.co.uk/Quran-Marmaduke-Pickthall/dp/B007QXB77Y>

3 Qur'an by M. Pickthall - <http://www.khayma.com/librarians/call2islaam/quran/pickthall/>

🌿 Some Merits of Reading the Qur'an	🌿 Etiquettes to Observe
The <i>Prophet Muhammad</i>-(pbuh)-is reported to have said:"<i>The best amongst you is the one who learns the Qur'an and teaches it.</i>" (Narrated by Imam al-Bukhari.)	🌸 Be in a state of ritual purity (ablution-"wudhu") when reading it. 🌸 Face the Qiblah (direction to Mecca).
"<i>The Qur'an will intercede for its readers on the day of resurrection.</i>"(Narrated by Imam Muslim.)	🌸 Wear clean clothes. 🌸 Be in a state of tranquility. 🌸 Ponder about its verses. 🌸 Delve into its wonders.
"<i>Each letter read from the Qur'an is rewarded with a good deed, and each good deed is rewarded ten-fold.</i>"(Narrated by Imam al-Tirmidhi)	🌸 Connect deeply with your purest intention to the One who Revealed it. 🌸 Immerse yourself with its eclectic facets and wonders. 🌸 Let yourself enjoy the moment and don't rush and think of using your "<i>Mobile Device</i>"!

🌿 **Embrace a Sweet Challenge?**

Read 4.5 pages after each prayer
and you will
have completed the Qur'an
in 27 days approximately





Awesome
Deeds to Do
during
Ramadhan

Awesome

deeds to do during

Ramadhan



Of the Virtues *Of* Ramadhan

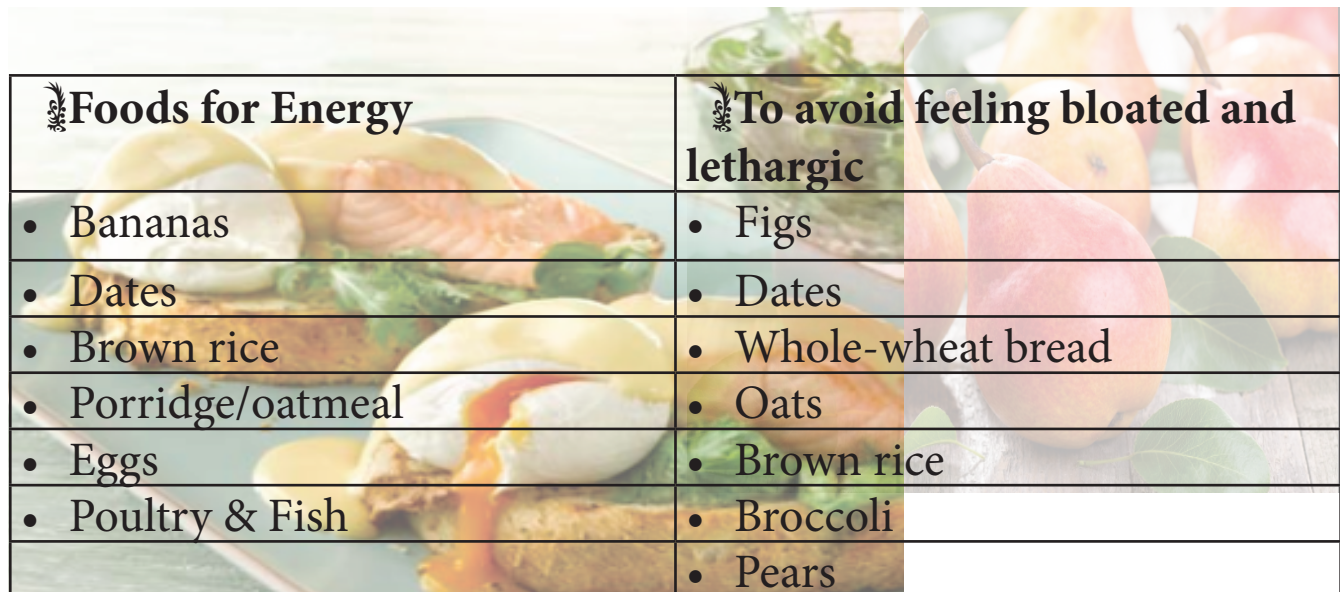


Nutrition

in

Ramadhan

Sages of all traditions and confessions concur that eating well is an integral part for the purposes of attaining a good spiritual well being state/station. Eating unhealthy foods such as fried foods and consuming increased sugar amounts spoil the benefits of the sacred month. Being selective about good foods that provide energy and mood enhancements are essential to consume during the month. Below is a list of suggested foods that offer optimal energy and contribute greatly to the overall benefits that a faster can derive from the fasting of Ramadhan¹.



 Foods for Energy	 To avoid feeling bloated and lethargic
• Bananas	• Figs
• Dates	• Dates
• Brown rice	• Whole-wheat bread
• Porridge/oatmeal	• Oats
• Eggs	• Brown rice
• Poultry & Fish	• Broccoli
	• Pears

¹ The list of suggestions is-in no-way, a recommendation to anyone. Every person reading the list should consult with his/her nutritionist for their suitable and recommended diet during the month of Ramadhan.

🌿 **Follow the way of the beloved teacher, Prophet Muhammad's way (PBUH)**

🌿 **Etiquette of sharing food**

- Always invoke the Sustainer's name before starting.

- Give way to elders people to start first.

- If breaking the fast with dates, pick an odd number and enjoy and savor every date while being in a state of tranquility and peace.

- Converse with people who are eating with you.

- Eat with your right hand.

- Give privacy to people who are eating with you.

- Be grateful for the food.

- Be considerate of others and use polite, fruitful and fun conversations only.

- Fill 1/3 of your stomach with food-*if you have to*, and a 1/3 with water-*if you have to*; though *drinking too much water during breaking the fast is not good for your digestion.*

- Pace your eating to align with the pace of people who are eating with you.





 Daily Activities during Ramadhan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Worship																														
Prayed my five daily prayers in congregation.																														
Prayed Taraweeh in local mosque.																														
Made morning invocation after dawn prayer.																														
Prayed supererogatory prayers (" <i>Nafilah</i> ").																														
Acquainted myself with (1-2, etc) pertinent prophetic supplications.																														
Qur'an																														
Read a chapter, etc.																														
Memorized (<i>amount?</i>)																														
Comprehended the chapters read (exegesis-" <i>tafsir</i> ".)																														

 Daily Activity during Ramadhan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Sunnah of Prophet Muhammad (pbuh)																														
Practiced one/etc. Sunnah of the Prophet (pbuh).																														
Awesome deeds																														
Visited mosques.																														
Attended a funeral prayer.																														
Called my parents/a family member.																														
Helped others.																														
Attended Fajr prayer in mosque.																														
Prayed in congregation.																														
Visited a center of knowledge.																														
Exercised to take care of my body.																														

يَا اللَّهُ



أَسْمَاءُ اللَّهِ الْحُسْنَى

The 99 Divine Attributes



Allah
The Greatest
Name



Ar-Rahman
The All
Compassionate



Ar-Rahim
The All
Merciful



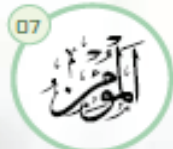
Al-Malik
The Absolute
Ruler



Al-Quddus
The Pure One



As-Salam
The Source of
Peace



Al-Mu'min
The Inspirer
of Faith



Al-Muhaymin
The Guardian



Al-'Aziz
The Victorious



Al-Jabbar
The Compellor



Al-Mutakabbir
The Greatest



Al-Khaliq
The Creator



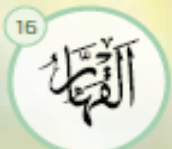
Al-Bari'
The Maker of
Order



Al-Musawwir
The Shaper of
Beauty



Al-Ghaffar
The Forgiving



Al-Qahhar
The Subduer



Al-Wahhab
The Giver
of All



Ar-Razzaq
The Sustainer



Al-Fattah
The Opener



Al-'Alim
The Knower
of All



Al-Qabid
The
Constrictor



Al-Basit
The Reliever



Al-Khafid
The Abaser



Ar-Rafi'
The Exalter



Al-Mu'izz
The Bestower
of Honours



Al-Mudhill
The Humiliator



As-Sami'
The Hearer
of All



Al-Basir
The Seer
of All



Al-Hakam
The Judge



Al-'Adl
The Just

31 اللطيف Al-Latif The Subtle One	32 الخبير Al-Khabir The All Aware	33 العليم Al-Halim The Forbearing	34 العزيز Al-'Azim The Magnificent	35 الغفور Al-Ghafur The Forgiver & Hider of Faults	36 الشكور Ash-Shakur The Rewarder of Thankfulness
37 العلي Al-'Aliyy The Highest	38 الكبير Al-Kabir The Greatest	39 الحفيظ Al-Hafiz The Preserver	40 المقيت Al-Muqit The Nourisher	41 الحسب Al-Hasib The Accounter	42 الجليل Al-Jalil The Mighty
43 الكريم Al-Karim The Generous	44 القيوم Ar-Raqib The Watchful One	45 المجيب Al-Mujib The Responder of Prayer	46 الواسع Al-Wasi' The All Comprehending	47 الحكيم Al-Hakim The Perfectly Wise	48 الودود Al-Wudud The Loving One
49 المجيد Al-Majid The Majestic One	50 الباي Al-Ba'ith The Resurrector	51 الشهيد Ash-Shahid The Witness	52 الحق Al-Haqq The Truth	53 الوكيل Al-Wakil The Trustee	54 القوي Al-Qawwiyy The Possessor of All Strength
55 الماتين Al-Mateen The Forceful One	56 الولي Al-Waliyy The Governor	57 الحميد Al-Hamid The Praised One	58 المحصى Al-Muhsi The Appraiser	59 المبدئ Al-Mubdi The Originator	60 المعيد Al-Mu'id The Restorer
61 المحيي Al-Muhyi The Giver of Life	62 المميت Al-Mumit The Taker of Life	63 الحى Al-Hayy The Ever Living One	64 القيوم Al-Qayyum The Self Existing One	65 الواجد Al-Wajid The Finder	66 المجيد Al-Majid The Glorious

67

الْوَاحِدُ

Al-Wahid
The One, The
All Inclusive,
The Invisible

68

الصَّمَدُ

As-Samad
The Satisfier of
All Needs

69

الْقَادِرُ

Al-Qadir
The
All Powerful

70

الْمُقْتَدِرُ

Al-Muqtadir
The Creator of
All Power

71

الْمُقَدِّمُ

Al-Muqaddim
The Expediter

72

الْمُؤَخِّرُ

Al-Muakkhir
The Delayer

73

الْأَوَّلُ

Al-Awwal
The First

74

الْآخِرُ

Al-Akhir
The Last

75

الظَّاهِرُ

Az-Zahir
The Manifest
One

76

الْبَاطِنُ

Al-Batin
The Hidden
One

77

الْوَلِيُّ

Al-Waliyy
The Protecting
Friend

78

الْمُبْعَثُ

Al-Muta'ali
The Supreme
One

79

الْبَرُّ

Al-Barr
The Doer of
Good

80

التَّوَّابُ

At-Tawwab
The Guide to
Repentance

81

الْمُنْتَقِمُ

Al-Muntaqim
The Avenger

82

الْعَفُوُّ

Al-Afuww
The Forgiver

83

الرَّؤُوفُ

Ar-Ra'uf
The Clement

84

مَالِكُ الْمُلْكِ

Malik-al Mulk
The Owner
of All

85

ذُو الْجَلَالِ وَالْإِكْرَامِ

Dhul-al Jalal
wa-al-Ikram
The Lord &
Majesty & Bounty

86

الْمُقْسِطُ

Al-Muqsit
The
Equitable One

87

الْجَامِعُ

Al-Jami'
The Gatherer

88

الْغَنِيُّ

Al-Ghani
The Rich One

89

الْمُغْنِي

Al-Mughni
The Enricher

90

الْمَنْعُ

Al-Mani'
The Preventer
of Harm

91

الضَّارُّ

Ad-Darr
The Creator of
the Harmful

92

النَّافِعُ

An-Nafi'
The Creator of
Good

93

النُّورُ

An-Nur
The Light

94

الْهَادِي

Al-Hadi
The Guide

95

الْبَدِيعُ

Al-Badi'
The Originator

96

الْبَاقِي

Al-Baqi
The
Everlasting
One

97

الْوَارِثُ

Al-Warith
The Inheritor
of All

98

الرَّشِيدُ

Ar-Rashid
The Righteous
Teacher

99

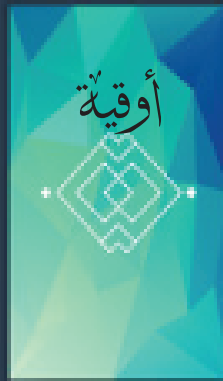
الصَّابِرُ

As-Sabur
The Patient
One

﴿قُلْ اِدْعُوا اللَّهَ اَوْ اَدْعُوا الرَّحْمٰنَ اَيَّٰ مَا تَدْعُو
فَلَهُ الْاَسْمَاءُ الْحُسْنٰى
الْحَمْدُ لِلّٰهِ



Islamic apps for the “Like Us” Generation



Apps for the "Like Us" Gen.

Following is a list of Apps that are designed to serve specific and eclectic Muslim needs. Whether it is to find out the specific prayer time schedule for the exact location where you are on Earth or find the "Qiblah"/direction of *Mecca*. The selected Apps have made it to the top of the list in the Muslim world¹. The *Zabihah App*, for instance, is a great application that will help you locate, wherever you might be on Earth; stores; restaurants and places of worship that a Muslim traveler would find very convenient.

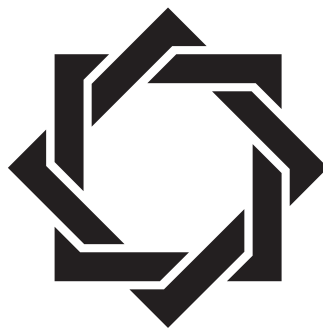
App.	Description	Web-link
<i>The Majestic Qur'an</i>		
"Quran Companion"	It helps you implement 7 essential steps to make of the memorization of the Qur'an easy, enjoyable and fun.	https://quranacademy.io
"Mengaji"	Qur'an Recitation / Social Network—Kuala Lumpur, Malaysia. Founded by the Malaysian rapper and serial entrepreneur Ariz Ramli (AKA Caprice) Mengaji is a Qur'an platform focused on millennial Muslims in south east Asia.	https://play.google.com/store/apps/details?id=com.mengaji&hl=en_IE

¹ <https://ummahwide.com>

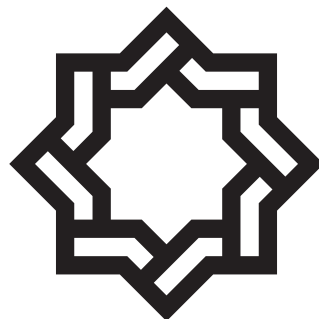
App.	Description	Web-link
Prophet Muhammad's (PBUH) Biography		
"Seerah"	Have you ever wondered how <i>Prophet Muhammad's</i> childhood (PBUH) was like? The "Seerah" App will answer the questions for you. It is an interactive Islamic app for Kids about <i>Prophet Muhammad</i> (PBUH) and the beginning of Islam.	http://seerah-app.com
Ramadhan		
"Ramadan-Legacy"	A fully featured App for Ramadhan. A tool that equips and empowers people for the journey of Ramadhan.	https://www.ramadanlegacy.com
Pilgrimage		
"Salaam by HajjNet"	The Salaam App is the first of Hajjnet's mobile and web products, designed to guide pilgrims—step-by-step—through the <i>Hajj</i> and <i>Umrah</i> process. The Salaam App has ranked in the top 10 in Travel in Apples App Store in 59 countries as well as being chosen in both New & Noteworthy and Best New Apps.	https://um-mahwide.com/the-21-most-innovative-global-muslim-apps-of-2017-74a72d453b60



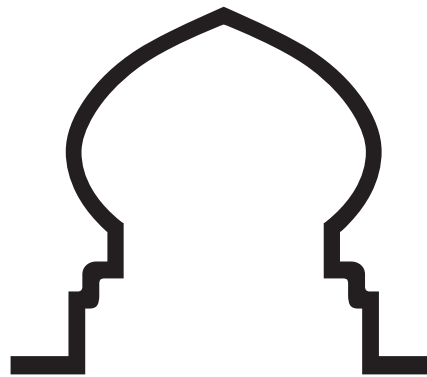
App.	Description	Web-link
<i>Islamic Heritage</i>		
<i>"Islamic GPS"</i>	"Islamic GPS" is an augmented reality App that has been designed to help the user discover and connect with breath-taking Islamic heritage sights around the world in a completely enriching way.	https://www.islamicgps.com
<i>Halal Business/Mosque Locator</i>		
<i>"Zabiha"</i>	It provides a global halal list for restaurants, stores and mosques. It has a <i>GPS built-in functionality</i> that will make your exploration of businesses serving halal foods/goods, whether traveling abroad or in the vicinity of your local residence area easy and fun.	https://www.zabi-hah.com



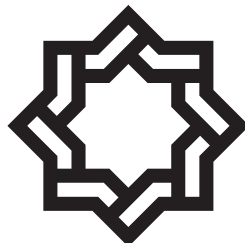
App	Description	Web-link
<i>Investing (FinTech, New York, United States of America)</i>		
<i>"Investroo"</i> <i>Now anyone can invest without compromising their values.</i>	A mobile based platform to make halal investing easy and accessible to Muslims around the world. Some of the features: 1) Fractional shares (<i>aka dollar based investing</i>), meaning you can invest as little as \$5 to own a piece of Google; 2) Practice and live trading accounts, for people who aren't comfortable yet investing their money but want to start learning.	https://investroo.com



App	Description	Web-link
<i>Halal Food & Technology</i>		
"Scan Halal"	For Muslims living in the West, much like Vegetarians, there are constant questions about ingredients in the products we eat. Without national halal certification bodies like exist in Muslim majority countries, very few products say whether or not they are halal on the packaging. "Scan Halal" has created a technology to simplify this for Halal conscious Muslim consumers. Simply download the App, scan the product in the store, and if the product is in their database of one million products, it will tell you whether the food is consumable, doubtful or if you should avoid eating it.	https://play.google.com/store/apps/details?id=com.anasrazzaq.scanhalal&hl=en

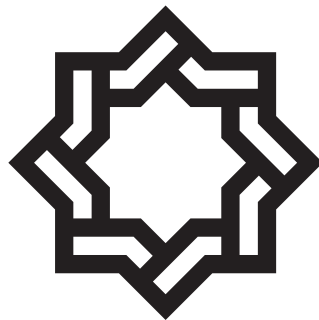


App	Description	Web-link
<i>Modest/Islamic Fashion</i>		
"Souqina"	"Souqina" is a marketplace focused on modest/Islamic fashion. Similar to the design of Instagram, but with much more functionality, you can follow and purchase directly from bloggers and different designers around the world.	http://www.souqina-app.com
"Modanisa"	The largest modest/Islamic fashion company in the world. Headquartered in Istanbul, with a goal of growing into a multi-billion dollar company over the next ten years. In 2017 the company sponsored the first ever international modest fashion week as they take on a bigger role as a leader in the global modest fashion space. Their App provides a great shopping experience in six different languages, making them one of the first truly global Muslim brands.	https://www.modanisa.com



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